# Internet Safety!

## How to stay safe on the Internet: A guide for kids and their parents

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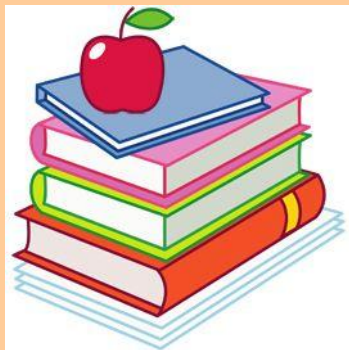School of Education
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**IT'S A BIG WEB WORLD
OUT THERE – STAY SAFE!**

## INTERNET SAFETY

The internet can be great for so many things! You can use it for help with school work, fun games, communicating with friends and family, and learning more about your personal interests.

There are dangerous parts of the internet, too. But if you know what to watch out for and how to use the internet safely you don't have to be scared!

## BASIC TIPS

1. Get parent's permission first!
   Always check in with a parent or guardian before going online. Check back with them if you see something that confuses you while online.

2. No personal information!
   Never give out personal information (name, address, phone number, etc.) without checking with your parent or guardian first.

3. Be kind!
   Never say anything mean or hateful – in other words, don't say anything online that you wouldn't say to your friend.

4. No strangers!
   Never talk to strangers online without your parent's or guardian's permission. Never meet up with someone you meet online.

5. Only approved sites!
   Only go to websites that have been approved by your parent or guardian.

## PARENTS

Help your child stay safe on the Internet by going over these guidelines, making sure they understand them, and by posting a copy near computers in the house.

Parental controls and virus protection can also be helpful tools to use. Some helpful computer monitoring software includes: Qustodio for computers, Net Nanny 2.0 for Android phones, and AVG Family Safety for iPhones; and Norton is a great virus protection program.

# Stay Safe!